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### **The Power of Consistency**

They say "Rome wasn't built in a day," but often dismiss the second half of that truth: they were laying bricks every single hour. This month we choose to focus on something that doesn't come across as "flashy" but is one of the most vital ingredient for success: Consistency.

We live in a world that loves the "big moment"—the perfect grade, the gold medal or the standing ovation. However, those moments are just the tip of the iceberg. Beneath the surface lies the repetitive, often boring work of showing up when you don't feel like doing it.

Just as a small rudder turns a giant ship, small daily habits lead to massive results.

Consistency isn't just about personal goals; it's about character. Being a person who is consistent builds a reputation that talent alone cannot buy.

It allows for a sustainable pace that keeps your mental health intact. "Success isn't always about greatness. It's about consistency. Consistent hard work leads to success."

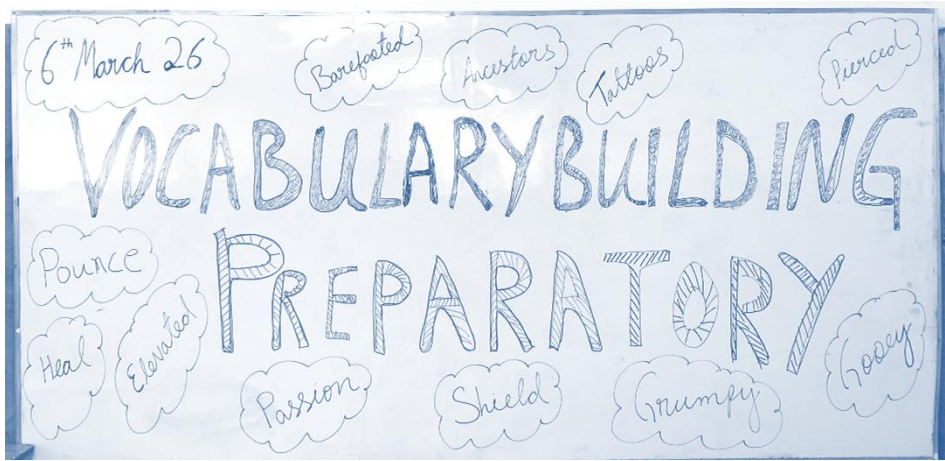
It doesn't mean perfection. It doesn't mean you never miss a day or make a mistake. It means that when you fall, you simply get back to work the next day. It's the ordinary secret to becoming extraordinary.

As you go through these pages, we hope you find the inspiration to keep laying your own bricks, one day at a time.

Happy Reading!.

**-Sanano Chanu Khundrapum**

## Vocabulary Building (Preparatory)



Preparatory Section (Class III to Class VI) organised Vocabulary building on 6<sup>th</sup> March, 2026.



## Art and Craft exhibition (Preparatory, Middle & Secondary)



Modern Higher Secondary School hosted an Art and Craft Exhibition on 7<sup>th</sup> March, 2026, providing a vibrant platform for students to showcase their artistic talents and creative skills.

### Themes

Art: “Popular Figures, Heroes and Superheroes”

Craft: “Sustainability”.

### Award Winners

Art (Junior Category)

1<sup>st</sup> : Diya Rani Das (Class VI)

2<sup>nd</sup> : Samera Begum Khan (Class VI)

3<sup>rd</sup> : Maneo Adrian (Class VI)

### Art (Senior Category)

1<sup>st</sup> : Honesty (Class X)

2<sup>nd</sup> : Sriti Roy (Class X)

3<sup>rd</sup> : Kelesezo Pusa (Class X)

### Craft: (Sustainability)

1<sup>st</sup> : Alexy Lalsiemthar & Michelle Vanlalrhuai (Class X)

2<sup>nd</sup> : Asula Longchuliu & MuskanKumari (Class X)



Beyond the competition, the event fostered a culture of peer appreciation and highlighted the school’s commitment to holistic, skill-based education.

### Art and Craft exhibition (Preparatory, Middle & Secondary)



## Investiture Ceremony



Modern Higher Secondary conducted an Investiture Ceremony on 2th March, 2026 for their newly appointed School Captains and House Leaders.

The program was gracefully conducted by Ms. M Luthungbeni Shitio beginning with the School Anthem followed by a collective morning prayer.

Students actively participated in the assembly. Mr. Meyievi Koso (Class X) delivered the Bible reading, Ms. Asula Longchuliu (Class X) presented a special song and Ms. Laximi Naik (Class IX) shared the Thought of the Day.

Mr. Athishu Andrew, Convenor of Games and Sports initiated the Oath-Taking Pledge where the Sports House Captains and Vice-Captains took their oaths, pledging their commitment to leadership, teamwork and sportsmanship and the newly appointed School Captain, Mr. Sumit Kumar (Class X) and Vice-Captain, Ms. Honesty (Class X), were officially entrusted with their responsibilities.

The assembly concluded with a benediction by Ms. Megopheno Chase, bringing the morning's programme to a prayerful and meaningful close.

## Parent-Teacher Meeting Foundational Section



The Foundational Section conducted a Parent-Teacher Meeting on 13<sup>th</sup> March, 2026. The meeting was held individually between parents and their respective class teachers. During the interaction, teachers discussed vital aspects of student progress, including academics, attendance, homework and notebook maintenance.

Parents were guided on the proper use of the school app for updates, communication and academic information. Furthermore, teachers explained students learning milestones and encouraged parents to support their children's studies at home. This session gave parents the opportunity to clarify doubts and concerns, while teachers provided appropriate guidance.

Ultimately, the meeting served to strengthen communication and cooperation between the school and parents for the overall development of the students.

## Toilet Training & Good Manners (Foundational)



The foundational Section of Modern Higher Secondary School conducted a comprehensive Toilet Training and Good Manners session on 20<sup>th</sup> March, 2026.

The program focused on essential personal hygiene, including proper handwashing, brushing teeth and the importance of flushing and closing the toilet door after use.

To complement these practical habits, students also participated in a session on social etiquette, where they engaged with educational videos and demonstrated a clear understanding of the material through their attentive responses.

## Toilet Training & Good Manners (Foundational)



## Faculty Development Programme Higher Secondary



Modern Higher Secondary School –Higher Secondary section, conducted a two-day Faculty Development Programme on 23<sup>rd</sup> & 24<sup>th</sup> march, 2026 in the conference Hall.

On the first day, the program was centred on the theme “Cultivating Mental and Emotional well-being for Teachers.” The resource person for the program was Ms. Veronica Nriame, a Psychiatric Social Worker associated with the District Mental Health Programme, Naga Hospital Authority, Kohima. She delivered an insightful and engaging session on the importance of maintaining mental and emotional well-being among teachers. She highlighted practical strategies for stress management, emotional resilience and maintaining a healthy work-life balance.

The second day was centred on the theme “ Modern Teaching Techniques” with resource person- Prof. Gyanendra Nath Tiwari, Head of the Teacher education Department, Nagaland University, Meriema, Kohima Campus. He delivered an insightful and engaging session on modern teaching methodologies, emphasizing the need for innovative and learner-centred approaches in today’s classrooms. During the session, he discussed various effective teaching strategies such as activity-based learning, experiential learning, integration of ICT tools, collaborative learning and the flipped classroom model. He encouraged teachers to move beyond traditional methods and adopt practices that actively involve students in the learning process.

Both the sessions was highly interactive , with participants engaging in discussions and sharing their classroom experiences and challenges, and motivations to prioritize their mental and emotional health in both their personal and professional lives.

## Adolescence Education Program



Modern Higher Secondary School, in collaboration with the FPAI Nagaland Branch, organised a specialized Adolescence Education Program on 24<sup>th</sup> March, 2026. The seminar was centred on the empowering theme: “Empowering young people to be equipped with sufficient information to act safely, responsibly and healthy.”

The session featured insightful contributions from two primary resourcepersons: Ms. Vingosanuo, Program Officer, FPAI: Provided expert guidance on health awareness and the importance of making informed life choices.

Mr. Atsibu, Youth Volunteer, FPAI: Engaged with the students on peer-related safety and the practical application of responsible behaviour.

The program was meticulously designed to address the unique challenges faced by adolescents today, focusing on gender equality, health & safety, responsible behaviour and personal ownership.

The event concluded with a high-energy Q&A session, where students had the opportunity to clarify doubts and engage directly with the experts.

## English Tutorial Class for Class 12



English Tutorial Class for Class 12 was conducted to improve students' language and communication skills. The session included reading, writing, and interactive activities to enhance grammar and vocabulary. Students actively participated, and their doubts were addressed individually. The class was engaging and helped boost students' confidence and understanding of English. Overall, the session was effective and beneficial for improving academic performance.



## Annual Sports Meet 2026



Modern Higher Secondary School successfully inaugurated its Annual Sports Meet, 2026 for the highschool section (LKG to Class X), held from 27<sup>th</sup> to 28<sup>th</sup> March, 2026.

### Foundational Section (LKG to Class II)

The foundational Section began with a lively opening moderated by Ms. Kazhuni Mahreo, Coordinator, Foundational Section, setting an enthusiastic tone for the event. This was followed by the Lord's Prayer and a delightful special song presented by Class I, filling the atmosphere with Joy and Excitement.

The programme continued with a warm and cheerful welcome address delivered by Ms. Tsitingla Sangtam, Convenor, Games and Sports. This was followed by an inspiring and energetic address by the special guest Dr. Kate Dandesh Kumar, Principal, MITE who encouraged the students to participate with confidence, teamwork, and true sportsmanship. Following this, the games began with great excitement. The students participated in different events, cheering for their teams and enjoying every moment. The day was filled with joy, enthusiasm, and a spirit of healthy competition. It ended on a happy note, making it a fun and memorable experience for all.

On Day 2- the playground transformed into a whirlwind of energy of our Annual Sports Day! Our young champions hit the field with pure excitement, showcasing incredible speed and spirit across a variety of games. The fun didn't stop with the kids—our parents jumped into the action too, proving you're never too old to get competitive and have a blast! Throughout the event, our compere Ms. Thonei-i Nakhro kept the energy high and the program moving smoothly. Our Principal, Ms. A Nenia Theresa, then did the honors of handing out prizes to our beaming winners, celebrating their hard work and sportsmanship. Following the awards, our LKG and UKG superstars stole the show with a dance routine that had everyone cheering. To wrap up the day, Ms. Kekhrielenuo Rutsa delivered a heartfelt vote of thanks, perfectly capturing the spirit of the event. From start to finish, it was a day of high-fives, big smiles, and memories that will last much longer than the races. Overall, it was a grand success!

# Annual Sports Meet 2026 (Foundational)

## Snapshots



## Annual Sports Meet 2026



### Preparatory and Middle & Secondary Section (Class III to Class X)

Modern Higher Secondary School successfully inaugurated its Annual Sports Meet, 2026 on 27th March, under the inspiring theme “Beyond the Field,” for students of Classes III to X. The event kick off with a program led by the School Captain, Mr. Sumit Kumar. This was followed by a solemn invocation delivered by the School Vice Captain, Ms. Honesty. The key highlights of the program includes an energetic aerobics performance led by Ms. Khushi Kumari Yadav of Class VII, which captivated the audience with its vibrancy and coordination. The event was further enlivened by a special performance from Ms. Alexy Lalsiemthan of Class X, adding charm and excitement to the ceremony. The Chief Guest, Mr. Pelee Hekha, Managing Director, delivered a brief yet motivating address, encouraging students to embrace the values of sportsmanship, teamwork, and perseverance. An oath-taking ceremony for the four houses was conducted under the guidance of Mr. Athishu Andrew, Convener of Games and Sports, reinforcing the principles of fairness, discipline, and unity among all participants. The ceremony reached its peak when the Chief Guest hoisted the flag and officially declared the Annual Sports Meet, 2026 open. The event concluded on a high note, marked by vibrant enthusiasm and a strong display of team spirit. Day 1 proved to be a memorable and energetic beginning, setting a positive and inspiring tone for the event ahead.

The second day of the Annual Sports Meet of Modern Higher Secondary School (Classes III-X) was successfully conducted at the Modern College, Piphema Campus. The day commenced on a solemn note with the Lord’s Prayer. A variety of engaging and competitive events were organized for students across different categories. The activities included Balloon Bursting, Sweet Biting, Boat Race, Stone Collection, Dodge Ball, Basketball, and Volleyball, ensuring enthusiastic participation from all four houses—Blue, Green, Red, and Yellow. One of the major highlights of the day was the Tug of War match between the Lady Teachers and the female students. The event drew much excitement and cheer, with the Lady Teachers ultimately emerging victorious after a spirited contest.

# Annual Sports Meet 2026

## Snapshots



# Annual Sports Meet 2026

## Snapshots



## FDP (Highschool)



A Faculty Development Program for the high school faculties of Modern Higher Secondary School was conducted on 31st March 2026. The program focused on the themes “Inclusive Education and Classroom Diversity” and “Teachers’ Mental Wellness and Professional Growth.”

The session was moderated by Ms. Kazhuni Mahreo, Coordinator (Foundational Section), who ensured the smooth and effective flow of the program. The program commenced with an invocation by Ms. Sanano Chanu Khundrapum, Coordinator (Preparatory Section), setting a positive and reflective tone for the session.

The program featured a panel of distinguished and insightful resource persons from Modern Institute of Teacher Education.

Ms. Holivi Y. Kiba spoke on Inclusive Education, highlighting the importance of providing equal learning opportunities for all students. Ms. Zuchamo M. Patton elaborated on Classroom Diversity, emphasizing the need to embrace and respect differences within the classroom environment.

Ms. Limanenla Lkr addressed Teachers’ Mental Wellness, focusing on stress management and the significance of maintaining mental well-being for effective teaching.

Dr. H. L. Gangte spoke on Teachers’ Professional Growth, emphasizing the importance of continuous learning, adaptability, and staying updated with modern educational practices. The program concluded with a heartfelt vote of thanks delivered by Ms. Megopheno Chase, Coordinator (Middle and Secondary Section).

Overall, the session was informative, providing practical strategies and valuable insights to help teachers enhance both their professional competencies and personal well-being.



**M. Lithungbeni Shitio**

## WHAT STUDENT AM I?

Am I a loser that people think I am Or am I the student that give up effortlessly. If so why am I studying? What scaring and pulling me back?

Do I forget my identity when I'm told incompetent?

Am I 'the rat that follows the pied piper'?

Or am I the 'lazy farmer' that have no purpose in students' life? It petrifies me when I think so.

Then, what student I am?

And I boldly say 'a person with vision', one who finds maneuvered when there's no map to navigate. I believe in my potential and the knowledge I've been given I may loss but that doesn't scare me.

I may fall but I've conquered to rise up.

I do not follow the piper blindly. Ye indeed I am a farmer.

But I farm hard work, integrity and resilience; I am a leader, I am a proud brave student.

Am I a loser or a winner then?

I may not be the champion.

But I am a student who do not give up, who believes in hard work. I am a student with a vision to succeed.

**R. Khyothunglo**

## Love is a Verb

To love is an action. It means doing something—not just feeling something.

All of us want to be loved, and we all have people we love. A beautiful verse from Corinthians says: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud." This verse teaches us that love is not selfish, but gentle and forgiving.

Love is one of the greatest gifts we can give and receive. Among faith, hope, and love, the Bible tells us that love is the greatest.

Think of a tree. When its roots are strong, no storm can easily uproot it. Similarly, love is like the root that keeps us grounded in life. It shapes our behaviour, our attitude, and our personality. When a person has love in their heart, it shows. They are respectful, patient, forgiving, and kind. Love helps us control our anger, speak gently, and treat everyone equally.

School teaches us many important things—math, science, and languages—and they are all valuable. But knowledge without love is incomplete. Love helps us become better classmates, better friends, and better human beings.

Love is not always shown through big actions. Sometimes it is seen in small and simple things—sharing your lunch with someone who forgot theirs, helping a classmate, listening to a friend who is sad, saying "sorry" when you are wrong, or being grateful for what you have. It is also shown through discipline, hard work, compassion, and by obeying and listening to our parents who care for us every single day.

These simple acts of love can make a big difference. Sometimes love does not need many words—just presence and care.

Love may be a simple word, but if we do not practice it in our lives, we may become like empty vessels—making noise but lacking meaning.

So let us choose to be kind, patient, disciplined, helpful, and caring.



**Moaienla Jamir**  
**Class-IX**

## Friends

Friends are an important asset in our life. We learn many things from them. In life, we will come across different people and meet a variety of them; it is importantly that we choose our friends wisely. Like the saying goes-

“When we honestly ask ourselves which person in our lives mean the most to us, we often find that it is those who, instead of giving advice, solutions, or cures, have chosen rather to share our pain and touch our wounds with a warm and tender hand. The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing, not curing, not healing and face with us the reality of our powerlessness, that is a friend who cares.”



**Thonei-I Nakhro**

### Mind

A museum to million memories,  
Some apparent; some imprecise.  
I recalled nevertheless.  
I cannot touch nor do I feel the same.

An exhibition room to the past,  
Some you wished to relapse;  
Some you wished to shrug off,  
Haunting you unceasingly.

Anyhow I persuaded to comply,  
To embellish the tale  
And etched on my art gallery;  
As to become my untold story.



**Dütüh Swüro**  
**Cass-VIII**

### The Whispering Woods

The roots hold tales in the quiet deep,  
Where shadow and mossy secrets sleep.

The wind speaks low in a silver rush,  
Telling the woods in the midnight hush

That spring is hiding in winter's rust,  
And turning the brittle fall to dust.

Ms. R khyothunglo shared her insight on balancing classroom impact and home life on Akashvani Kohima on 2<sup>nd</sup> March, 2026.

As part of Akashvani Kohima Education Broadcast series, Ms. Lithungbeni conducted an engaging session on “Microorganisms: Friends & Foes” on 21<sup>st</sup> March, 2026

## Highlight of the Month (Higher Secondary)

### March 2026

10 <sup>th</sup> March	: Monthly news letter
11 <sup>th</sup> March	: Staff Meeting
13 <sup>th</sup> March	: Declaration of 11 Promotion Examination Result
16 <sup>th</sup> - 22 <sup>nd</sup> March	: Admission to Class 12 (Bank)
23 <sup>rd</sup> March	: Faculty Development Programme (FDP)
24 <sup>th</sup> March	: Orientation for Class 12 (I/C HoD's)
24 <sup>th</sup> - 31 <sup>st</sup> March	: English tutorial Class
30 <sup>th</sup> March	: Submission of IPR by teachers to HoD's
31 <sup>st</sup> March	: Submission of HODs Report to Principal

### To look ahead April

1 <sup>st</sup> April	: Issue of Admission Forms & Prospectus for Class 11
10 <sup>th</sup> April	: Monthly news letter
13 <sup>th</sup> April	: 1 <sup>st</sup> Weekly Test for Class 12
17 <sup>th</sup> April	: Assembly (I/C Class 12 Arts A)
18 <sup>th</sup> April	: Departmental Meeting/ Career Guidance (I/C HoD's)
20 <sup>th</sup> April	: 1 <sup>st</sup> Weekly Test for Class 12
22 <sup>nd</sup> April	: HoD's meeting
24 <sup>th</sup> April	: Extempore Speech (Class Selection)
27 <sup>th</sup> April	: 1 <sup>st</sup> Weekly Test for Class 12
29 <sup>th</sup> April	: Submission of IPR/Internal Assessment Report by teachers to HoD's
30 <sup>th</sup> April	: Submission of HoD's Report to Principal

## Highlight of the Month (High School Section)

### March 2026

2 <sup>nd</sup> March	: Submission of IPR (Teachers)
6 <sup>th</sup> March	: Vocabulary building (preparatory)
7 <sup>th</sup> March	: Art and Craft Exhibition (Preparatory, Middle & Secondary)
13 <sup>th</sup> March	: PTM (Foundational)
20 <sup>th</sup> March	: Toilet Training & Good Manners (Foundational)
26 <sup>th</sup> – 27 <sup>th</sup> March	: Games & Sports
31 <sup>st</sup> March	: Monthly Staff Meeting

### To look ahead April

1 <sup>st</sup> April	: Easter Egg Painting (Preparatory)
7 <sup>th</sup> April	: Submission of IPR (Teachers)
10 <sup>th</sup> April	: White Day cum Painting Competition (Foundational)
11 <sup>th</sup> April	: Field Trip (Preparatory)
17 <sup>th</sup> April	: Issue of admit card for First Term Exam
18 <sup>th</sup> April	: Mentoring Session (Middle & Secondary)/ Spelling and Dictation (Preparatory)
20 <sup>th</sup> April	: Monthly Staff Meeting
21 <sup>st</sup> -23 <sup>rd</sup> April	: First Term Exam (Minor Exam)
27 <sup>th</sup> April	: First Term Exam (Major Exam)

*Compiled by:*

**Megopheno Chase**

*Edited by:*

**Hmingthan Mowia**

# FUN PUZZLE WORKSHEET

## Math Puzzle!

Fill in the missing number!

$8 + 4 = 12$

$12 + 6 = 18$

$18 + 8 = 26$

$18 + 7 = 25$

D Answer to previous worksheet t?

## 1. Word Search

Find the hidden words in the grid:

E	D	U	C	A	T	I	O	N
L	K	P	U	Z	Z	L	E	S
E	A	R	N	I	N	G	X	Y
T	H	I	N	K	I	N	G	Z
G	A	M	E	S	Q	R	S	T
C	R	E	A	T	I	V	E	U

- EDUCATION
- PUZZLES
- LEARNING
- THINKING
- GAMES
- CREATIVE

Words to Find:

- EDUCATION
- PUZZLES
- LEARNING
- THINKING
- GAMES
- CREATIVE

## Riddle Time

Guess the answers:

- I speak without a mouth and hear without ears. What am I?  
Answer: \_\_\_\_\_
- The more you take, the more you leave behind. What am I?  
Answer: \_\_\_\_\_
- What has keys but can't open locks?  
Answer: \_\_\_\_\_

## + Number Puzzle

Find the missing number:

$2 \rightarrow 4 \rightarrow 8 \rightarrow 16 \rightarrow \dots \rightarrow 64$

Answer: \_\_\_\_\_

## 3 Unscramble the Words

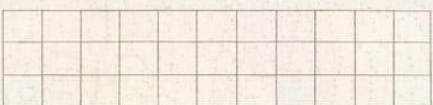
- LZPZUE \_\_\_\_\_
- MGAE \_\_\_\_\_
- NRAB \_\_\_\_\_
- LSOHCO \_\_\_\_\_

## 6 Spot the Pattern



Answer: \_\_\_\_\_

## ★ Bonus: Draw Your Own Puzzle



## 6 Challenge Question

If you have 3 apples and take away 2, how many do you have?

Answer: \_\_\_\_\_



# MODERN

HIGHER SECONDARY  
S C H O O L

## ADMISSIONS 2026

**CLASS 11**  
**SCIENCE • COMMERCE • ARTS**

**MERIT SCHOLARSHIP** FOR **TOP 20 HSLC** CANDIDATES

**EXCELLENT ACADEMIC** OPPORTUNITIES & MENTORING SUPPORT

**TRANSPORTATION**

**HOSTELS** FOR GIRLS & BOYS



CULTURAL DAY



FIELD TRIP



FRESHERS DAY



SCIENCE EXHIBITION



CAMPUS



SPORTS



LIFE SKILLS



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