



Editorial



Index

Editorial	1-2
Activities	3-8
Alumni Activities	9
Echoes of the Journey	10-25
Editor's pick	26-30
Articles	31-32
Campus Diary	33-34

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COLLEGE FRIENDSHIPS: REAL OR SITUATIONAL?

College is a unique environment where people from different backgrounds are placed in close proximity, often facing similar struggles — from assignment deadlines to homesickness. This shared experience naturally creates strong bonds. But once college ends, and the routines change, many of these friendships fade. Were they real, or just products of shared circumstances? The truth is, college friendships can be both.

Some are deeply genuine, built on mutual trust and understanding, and continue to grow beyond campus life. Others, though meaningful at the time, may simply be situational — born out of convenience or a need for connection in a specific phase of life. And that's okay. Every friendship, whether lasting or temporary, teaches us something valuable about ourselves and others.

In the end, whether college friendships last a lifetime or slowly fade with time, their impact remains real. They shape who we are during a defining phase of life — offering support, laughter, lessons, and memories. Some friends will stay, others may drift, but both leave a mark. What matters most is not how long they last, but how deeply they were felt when they did.

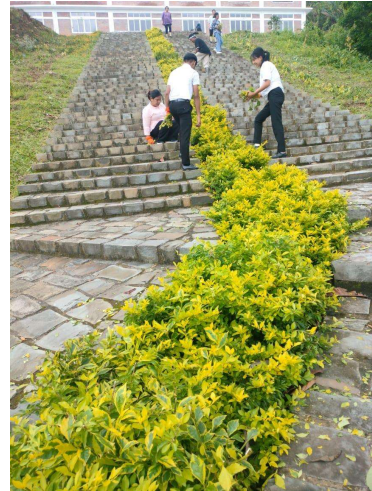
Ms. Pisala V Sangtam

B.A. 6th Semester

Campus Ambassador

WORLD ENVIRONMENT DAY OBSERVED AT MODERN COLLEGE

World Environment Day is observed on June 5 annually. Marking this day, the staffs and the students undertook a 'plantation drive', organised by the Eco Green Club, Modern College.



EDUCATIONAL AND CULTURAL TOUR TO SIKKIM

The Department of English, Modern College successfully organised an Educational and Cultural Exposure tour to Sikkim from 4th to 9th June 2025, offering participants a memorable and enriching travel experience with enhanced learning opportunities. A total of 21 participants undertook this exposure tour.

Key highlights of the tour included visiting MG Marg, Lal Market, West Point, Ganesh Tok, Tashi Viewpoint, Buddhist Monastery, and Flower Exhibition Centre. Adventure activities like ziplining, and cultural experiences such as trying traditional Sikkimese attire and a day trip to the high-altitude regions of Nathula Pass, Baba Mandir, Changu Lake, and the Indo-China border were also part of the tour experience.





ONE-DAY FDP ORGANISED BY IQAC

Modern College successfully conducted a Faculty Development Programme on 'Best Practices' on 12th June 2025, organized by the Internal Quality Assurance Cell (IQAC). Held at the college's Conference Hall, the programme aimed to strengthen mentorship strategies and student support mechanisms within the institution.

Resource persons Ms. Chanini Lokho, Executive Director, and Mr. John Besü, Administrator, facilitated the sessions with valuable insights and practical guidance.



5-DAY FDP HELD AT DON BOSCO COLLEGE

Ms. Mhasivonuo Kapfo, Asst. Professor from the department of Sociology and Ms. Vikeduonuo Kire, Asst. Professor from the department of Political Science of Modern College, attended the 5-Day Faculty Development Programme on 'Empowering Educators for Academia' organised by Don Bosco College, Kohima from 9th – 13th June, 2025.



IGNOU Term End Exam June, 2025 at SC-2001, Modern College, Kohima Centre.



Update on the progress of the Football Ground.



In this special section, **'Echoes of the Journey'**, we bring you candid conversations with some of our soon-to-be graduates. Through their stories, reflections, and advice, we hope to capture the spirit of this moment- both the joy of achievement and the bittersweetness of goodbye.

May their voices inspire, their experiences resonate, and their dreams ignite hope in those who follow.



Mr. Chemjungli
B.Voc. 6th Semester

Q. What has been your most memorable experience in college?

A. My most memorable experience was the B.Voc department trip to Guwahati, where all of us were together. It was a moment of bonding, fun, and unforgettable memories.

Q. What was the biggest challenge you faced during college, and how did you overcome it?

A: The biggest challenge I faced was hair fall during my final year-like serious hair fall. Haha! I tackled it by boldly shaving my head completely bald and using hair growth serum. It was a bold move, but honestly, it turned into a fresh start....both for me and my scalp.

Q. Who has been the most influential person in your college journey?

A: Madam Chanini has been the most influential person for me. I've

always looked up to her-she's well educated, calm, simple, and solves problems like an AI. Her approach to life and work is truly inspiring.

Q. What class or project had the biggest impact on you?

A: The "Business Strategy" class by Sir Pelee, MD had the biggest impact. It made us think deeply about our future plans and how to strategize for our businesses. It was both practical and motivating.

Q. How have you changed as a person since your first year of college?

A: I've become much more extroverted and confident. I'm now capable enough to attend job interviews without hesitation.

Q. What's something college taught you that you didn't expect to learn?

A: College taught me the value of building good relationships between teachers and students. That bond created a positive and supportive learning environment I didn't expect.

Q. If you could go back to your freshman self, what advice would you give?

A: I'd say: "Don't be too harsh on yourself. Don't put too much pressure-you're doing better than you think."

Q. What are you most proud of achieving during your college years?

A: I'm proud of being able to serve the Evangelical Union (EU) for one year and MCSU for two years. It was a journey of service and growth.

Q. What will you miss most about college life?

A: I'll miss the people I've met along this three-year journey and also our old campus, which holds so many memories.

Q. Were you involved in any clubs, sports, or organizations? How did they shape your experience?

A: Yes, I was involved in MCSU, EU, and board games. These experiences shaped who I am today. They helped me grow spiritually, gave me leadership experience, and built my character in many ways.



Mr. Rakuyio Kadete
B.A. 6th Semester
Department of Economics

Q. What has been your most memorable experience in college?

A. One of my most memorable experience was the daily bus rides to and from college. It might sound simple, but those journeys became such an important part of my routine. Whether it was rushing in the morning to catch the bus, chatting and laughing with friends during the ride, or just listening to music and watching the world pass by after a long day it all added up to something special. Those rides were where friendships grew, where I had time to reflect, and where college life felt real, even outside the classroom. Looking back, I'll definitely miss that part of my day.

Q. What was the biggest challenge you faced during college, and how did you overcome it?

A. The biggest challenge was learning to manage my mental health while juggling academics and responsibilities. I overcame it by seeking support through teachers, opening up to friends, and learning to say no when I needed to rest

Q. How have you changed as a person since your first year of college?

A. I'm more confident, more grounded, and more self-aware. I came in unsure and trying to fit in. I'm leaving with a stronger sense of who I am and what I value.

Q. What's something college taught you that you didn't expect to learn?

A. That it's okay to not have everything figured out. Life doesn't follow a

perfect plan, and some of the best things come from the unexpected.

Q. If you could go back to your freshman self, what advice would you give?

A. Don't be afraid to be yourself. You don't have to prove anything to anyone. Take more risks, speak up in class, and stop stressing over things that won't matter in a year

Q. What will you miss most about college life?

A. The closeness. Being surrounded by friends, spontaneous hangouts, and always having someone nearby to grab food with. That sense of community is special.

Q. Were you involved in any clubs, sports, or organizations? How did they shape your experience?

A. Yes, I was part of the NSS (National Service Scheme) club, and it played a big role in shaping my college journey. Being involved in community service activities taught me the value of giving back and made me more aware of the challenges people face outside of campus. It made college more than just academics, it made it meaningful.

Q. What's a campus tradition or event that meant a lot to you?

A. The farewell event meant the most to me. It was emotional, nostalgic, and full of gratitude. Seeing friends, teachers, and classmates come together one last time made everything feel real that this incredible chapter was coming to an end. The speeches, the memories, the laughter reminded me how far we had all come. It wasn't just a goodbye it was a celebration of everything we had shared over the years.

Q. How would you describe the community at your college?

A. It's a mix of driven, creative, and kind people. It took a while to find my place, but once I did, I felt supported and inspired by those around me.

Q. What song or playlist got you through finals week?

A. Over the rainbow by Isreal Kamakawiwo'ole and probably soft 90's playlist which really helped me during my finals week. It helped me stay focus and stay calm when everything felt overwhelming.



Ms. Ashila
B.A. 6th Semester
Department of Education

Q. What has been your most memorable experience in college?

A. The 8 philosophers getting single digit in Dr Jagan's paper! The 8 Philosophers struggled mightily with Dr. Jagan's paper and, let's just say, didn't exactly ace it. In fact, it was our first collective fail – single-digit scores all around! We were used to cruising through, but Dr. Jagan's paper was a rude awakening.

And the real kicker was the punishment Miss Cilule handed down– it's still legendary moment amongst us.

Guess we could say we learned our lesson the hard way!

Q. What was the biggest challenge you faced during college, and how did you overcome it?

A. College, where sleep deprivation is a badge of honor. My biggest challenge? Not getting enough sleep. Not losing my mind (or my room keys, or my notes...). Balancing classes, assignments, and K- drama was a high-wire act. I overcame it by embracing my inner procrastinator. I also mastered the art of pulling all-nighters, begging friends for notes at the eleventh hour. I survived---- barely.

Q. Who has been the most influential person in your college journey?

A. In various aspects of my college life, numerous situations and individuals have left their mark. However, two teachers, in particular, stand out for their significant influence. They consistently pushed me to strive for my best.

Miss Neilhu is literally the calmest person I've ever met and she's always so patient and sweet. I don't know how she does it, but she always got this peaceful vibe going on. She's been a total inspiration to me. She's the ultimate role model for staying centered and composed, even when life gets crazy. She's got this gentle strength that's inspiring, and her positivity is infectious. I've learned to approach challenges with more patience and understanding, thanks to her influence. She's a true gem!

Miss Pulo, has been an absolute pillar in my life. She's more than just a teacher – she's like a sister, a friend, and a guiding light all rolled into one. As the Warden of W1 Hostel, she's taken care of countless students, including me, and shown us what unconditional love and support look like. Her words of wisdom, her care, and her unwavering faith in us have made a lasting impact in my life. She's the kind of person who makes us feel seen, heard, and valued, and I'm forever grateful for her presence in my life.

Q. How have you changed as a person since your first year of college?

A. I'm still me, but my friends say I've transformed from a loner to the life of the party. They claim I've become more outgoing, dramatic, and even mischievous. But honestly, I think I've just found my voice and learned to be true to myself. I've learned to navigate social situations, make new friends, and speak my mind.

Q. If you could go back to your freshman self, what advice would you give?

A. Freshman self, "Your CGPA isn't everything, and yes, people will forget the awkward phase. Get involved in things that genuinely excites you.

And that minor paper? It's not just some throwaway paper. Treat it like it's the most important thing in the world."

Q. What are you most proud of achieving during your college years?

A. College life was about so much more than just grades. I'm proud of the way I stepped out of my comfort zone, made lifelong friends, and discovered my strengths and passions. From assignment marathons to crazy events, we experienced it all. But what really sticks with me is the personal growth – learning to be independent, resilient, and open to new experiences. Those three years shaped me into the person I am today.

Q. What will you miss most about college life?

A. College life had its fair share of crazy moments, but the Lazami trip with the Department of Education crew was on a whole other level. I'm talking about the night we didn't sleep a wink. We stayed up, discussing about life, relationships, and everything in between. Who can ever forget the love life about Odi and our constant encouragement to take the plunge. Poor Odi was getting roasted non-stop about keeping 'the girl(s)' on wishlist mode for far too long ... we encouraged him to 'checkout already!' (it was already 3a.m). And not forgetting the inside jokes about *The 8 Philosophers* – those were something only we understood, where we cracked each other up. I will miss those ridiculous, amazing times with my people.

Q. Were you involved in any clubs, sports, or organizations? How did they shape your experience?

A. NSS (National Service Scheme). We've done everything from teaching underprivileged kids to participating in community clean-ups. We did some amazing things like camping where we learned new skills and enjoy each other's company. We also visited old age homes, spending time with the residents and hearing their life stories. It was heartwarming and humbling. It was amazing to see how NSS brought us closer as a team and taught us the value of giving back to society. NSS taught us the value of service and compassion, and it's an experience I'll always cherish.

Q. How would you describe the community at your college?

A. The college community was a melting pot of diverse individuals, all driven by a shared passion for learning and a collective goal to affect positive change.

From timid hellos to lifelong hellos ... That's exactly how it went with 'The 8 Philosophers'. We started with awkward hellos and then quickly descended into a beautiful chaos of roasts, debates, and dramatic group exits and even to the extent of blocking each other! But, of course, we'd all magically reappear a day later like nothing happened. It's a miracle we didn't kill each other, but somehow, amidst all the drama, we formed a bond that's stronger than our egos. The canteen was our therapy spot, and chai was our love language.

Q. What's your favourite spot on campus?

A. Definitely the canteen – my happy place! As soon as I step in, I forget I have classes, assignments, or even a bed to go back to. Chai and food are the ultimate distractions. I'm like, 'Class? What class?'



Ms. Rothrongru Sangtam
B.A. 6th Semester
Department of English

Q. Who has been the most influential person in your college journey?

A. Well who do you expect me to name if not..."Kikrunei!"~My ultimate go-to partner; she is there next to me in every bittersweet memories I made in college (Aniee).

Q. How have you changed as a person since your first year of college?

A. The nerdy and shy 18 yr old me inside my 'comfort bubble' would not believe I ran for election, won prizes, stood on stage, played football, initiated conversations and all while being a merit student. Yes! College life had my whole personality changed and for the better.

Q. If you could go back to your freshman self, what advice would you give?

A. Be more confident and stop seeking for outside validation because you wouldn't wanna miss out on all the opportunities.

Q. What's something College taught you that you didn't expect to learn?

A. Your definition of 'fun' doesn't have to align with other's definition of fun. Maybe a warm cup of noodles or reading a book can be fun for you and that's okay!...(That's something I learnt from Miss Senti and it comforts me:)

Q. What will you miss most about college life?

A. Oh, it's difficult to answer but I guess it'll be my English classes (excluding the syllabus). From miss Wati's icy cold stares to Sir Kenei's subtitled expression to Miss Kele's nonstop laughter to Miss Senti and us judging novel's character. I'd miss every aspect of it.

Q. What's a campus tradition or event that meant a lot to you?

A. It'll be a very popular opinion but still the teacher-student relationship is amazing. Personally, this tradition had really helped pushed me out of my comfort zone and helped explore my capabilities.

Q. What song or playlist got you through finals week?

A. "Hum pakal nahi hai Bhaiya.. Hamara dimak kharab hai". A must-listen song to Ace your exams.

Q. Were you involved in any clubs, sports, or organisations? How did they shape your experience?

A. I was involved in NSS as a volunteer and I never regretted. It was not only educational but gave me opportunities to take part in campaigns, competitions and best of all Nature camps. The club provides an outside-of-classroom experience and help us grow as a responsible individual.

Q. How would you describe the community at your college?

A. Our college as a community is very healthy. Throughout my stay in the Modern family, I have not come across any sort of ragging or bullying, neither is there any toxic judgements over clothing fashion or food-choice; just a lil bit of academic stress. So dear Juniors ease yourself because Modern family is just a small knitted family build on connections that you not want to lose.

Q. What are you most proud of achieving during your college years?

A. Unpopular opinion: "Dark circles" because that's a proof of my hardwork.

PS: It's now permanent.



Ms. Zidila
B.A. 6th Semester
Department of History

Q. What has been your most memorable experience in college?

A: My friends and teachers because they made college feel like one big awesome hangout.

Q. What was the biggest challenge you faced during college and how did you overcome it?

A: Probably early mornings! I rescheduled my bed timing.

Q. Who has been the most influential person in your college journey?

A: My department teachers and my hostel warden.

Q. What's something college taught you that you didn't expect to learn.

A. Associating with people.

Q. If you could go back to your freshman self, what advice would you give?

A. Do not stress, everything will fall in its place.

Q. What are you most proud of achieving during your college years?

A. The connection and the family I have created.

Q. What will you miss most about college life?

A. Basically everything!!!

Q. Were you involved in any clubs, sports or organizations? How did they shape your experience?

A. Yesssshh! I was a part of the EU (Evangelical Union), and being a part of the fellowship was one of the most transformative experiences of my college journey. It challenged me to step out of my comfort zone and reaffirmed my purpose in leadership.

Q. How will you describe the community at your college?

A: The community at my college feels like a BIG HAPPY FAMILY.

Q. What's your favorite spot on campus?

A. My Favorite spot on campus is definitely the indoor stadium.

I and my partner we love playing badminton in the indoor stadium, and we also love the friendly competition. And of course, we support each other whether we lose or win.



Mr. Ricky Das
B.A. 6th Semester
Department of Political Science

Q. What has been your most memorable experience in college?

A: Missing 98% of my classes saying that I have a meeting.

Q. What was the biggest challenge you faced during college, and how did you overcome it?

A: Tried really hard to be an extrovert. I could never overcome it.

Q. Who has been the most influential person in your college journey?

A: My Mentor, Teachers, at times Juniors and mates.

Q. How have you changed as a person since your first year of college?

A. Became more self-aware.

Q. What's something college taught you that you didn't expect to learn?

A: Meeting Deadlines and also writing articles.

Q. If you could go back to your freshman self, what advice would you give?

A: Just Dance, your moves don't matter and group photos are also important.

Q. What are you most proud of achieving during your college years?

A: Redeeming myself at the 17th Inter collegiate Debate Competition, Tank Ride during NIT Tour and times when I really tried and failed.

Q. What will you miss most about college life?

A: The Audience.

Q. Were you involved in any clubs, sports, or organizations? How did they shape your experience?

A: Yes, a lot of clubs.

Made me understand about the things I can do and also that I should always expect a bit more from myself.

Q. What's a campus tradition or event that meant a lot to you?

A: Morden Week and Farewells.

Q. How would you describe the community at your college?

A: A mix of sleep-deprived people, caffeine-fueled beings, and a few actual functioning humans.

Q. What song or playlist got you through finals week?

A: Bhag Milka Bhaag and Always.

Q. What's your favorite spot on campus?

A: Basketball Court plus the cricket kit and my friends.



Ms. Pisala V Sangtam
B.A. 6th Semester
Department of Sociology

Q. Who has been the most influential person in your college journey.

A. My HOD, ma'am Ruth and Sir Teisovi has been the guiding light of my college journey, shaping both my growth and direction.

Q. What class or project had the biggest impact on you.

A. The NIT tour was the most impactful experience of my college life, leaving a lasting impression on me.

Q. If you could go back to your freshman self, what advice would you give.

A. Trust the process, don't be afraid to step out of your comfort zone, and everything will fall into place with time.

Q. What will you miss most about college life.

A. What I'll miss most about college life is hostel life — the midnight snacks, endless laughter, and the bond built over shared chaos and comfort.

Q. Were you involved in any clubs, sports, or organization. How did they shape your experience.

A. Being involved in the choir club shaped me by teaching me teamwork, and giving me a creative space where I truly felt alive and connected.

Q. What is the campus tradition or event that meant a lot to you.

A. Traditional Day means a lot to me because it gave me the chance to proudly showcase my cultural attire and connect with my roots in a vibrant, joyful way.

Q. What song or playlist got you through final week.

A. The song that got me through finals week was "Diamond" by Tribe — every time I played it, I'd dance around my room, shake off the stress

Q. What was the biggest challenge you faced during college, and how did you overcome it.

A. Facing anxiety silently was a major challenge but learning to ask for help from friends changed everything for me

Q. What has been your most memorable experience in college.

A. One of my most memorable experiences in college was during our internship, where I learned how to make baskets, a simple yet meaningful skill that brought creativity, patience, and joy.

Q. How have you changed as a person since your first year of college.

A. I've changed as a person by becoming more confident, resilient, and self-aware, learning to handle challenges with a clearer mind and appreciating growth through every experience.

HOPE

Hope is what keeps us moving, even when everything feels uncertain. It's the quiet belief that no matter how dark things seem right now, the light will find its way back. It is knowing that even after the hardest nights, the sun still rises. But when life keeps throwing challenges at you, it is easy to feel like hope is slipping away. Like you're stuck in a cycle of struggle with no way out.

The truth is, Hope isn't about pretending everything is fine.

It's about trusting that even if things aren't okay right now, they will be. Maybe not today, maybe not tomorrow, but eventually. Because nothing in life stays the same forever - not pain, not sadness, not the feeling of being lost.

You are constantly growing, learning, and finding new strength within yourself. And even when you don't see it, progress is happening.

Hold on to hope, even if it feels small. Even if all you can manage today is taking one deep breath and believing that you'll make it through. Life has a way of surprising us - Sometimes in ways we never expected. The things that feel impossible now may one day be the things that make you proud of how far you've come. The storm you're in today could be leading you to something better than you ever imagine.

So don't give up. Keep going, keep believing, and keeps holding on. You are stronger than you think, and your story is far from over. Hope is what carries you forward, and as long as you have it - even just a little - you're already on your way to brighter days.

Here's a little reminder to carry with you:

"For I know the plans I have for you," declares the Lord, plans to prosper you and not to harm you, plans to give you a future and a hope."

—Jeremiah 29:11

Ms. Kekhrievi-i

BA 3rd Semester

Department of Education

THE REALITY OF TODAY'S WORLD: A TALE OF TWO YOUTHS

The world has undergone a significant transformation over the years, and the youth of today are vastly different from those of the past. The simplicity and happiness that once defined our society have given way to complexity and chaos. In this article, we'll explore the realities of today's world, comparing the youths of yesterday and today, and examining the impact of technology on family dynamics.

The Youth of Yesterday: In the past, the youth were known for their simplicity, innocence, and strong values. They were content with what they had and found joy in the simple things in life. They spent their days playing outdoors, reading books, and engaging in meaningful conversations with family and friends. Their lives were marked by a sense of community and belonging, and they were more likely to prioritize relationships over material possessions. The youth of yesterday were also more resilient and resourceful. They faced challenges head-on and learned to adapt to difficult situations. They were taught the importance of hard work, discipline, and respect for elders. Their lives were guided by a strong moral compass, and they were more likely to prioritize the greater good over personal interests.

The Youth of Today: In contrast, the youth of today are growing up in a world that is vastly different from the one their parents knew. Technology has become an integral part of their lives, and social media has become a dominant force in shaping their experiences. They are constantly connected to their devices, and their lives are marked by a sense of instant gratification and constant stimulation. The youth of today are also more aware of global issues and are more likely to prioritize individuality and self-expression. They are more open to diversity and are more likely to challenge traditional norms and values. However, this increased awareness and openness have also led to increased pressure and stress. The youth of today are more likely to experience anxiety, depression, and feelings of inadequacy.

The Impact of Technology on Family Dynamics: One of the most significant changes in today's world is the impact of technology on family dynamics. While technology has brought many benefits, it has also created new challenges for families. Parents are often distracted by their devices, and children are left feeling neglected and unimportant. The constant stream of information and notifications can be overwhelming, leading to feelings of stress and anxiety. The rise of social media has also created new problems for families. Cyberbullying, online harassment, and the pressure to present a perfect online image have become major concerns. Families are struggling to navigate these new challenges and find a healthy balance between technology use and quality time together.

The Loss of Happiness: In the past, families were more likely to prioritize quality time together and engage in activities that brought them joy. They would spend their evenings playing board games, watching movies together, or simply enjoying each other's company. Today, families are more likely to be scattered, each member absorbed in their own device. The loss of happiness in today's world is a complex issue, and there are many factors that contribute to it. However, one thing is clear: the constant pursuit of material possessions and the pressure to keep up with the latest trends have created a sense of dissatisfaction and discontent. People are more likely to compare their lives to others and feel like they don't measure up.

The reality of today's world is complex and multifaceted. While technology has brought many benefits, it has also created new challenges for families and individuals. The youth of today are growing up in a world that is vastly different from the one their parents knew, and they face unique challenges and pressures. As we move forward, it's essential to find a healthy balance between technology use and quality time together. We need to prioritize relationships and experiences over material possessions and learn to appreciate the simple things in life. By doing so, we can create a more harmonious and happier world for ourselves and future generations.

up in a world that is vastly different from the one their parents knew, and they face unique challenges and pressures. As we move forward, it's essential to find a healthy balance between technology use and quality time together. We need to prioritize relationships and experiences over material possessions and learn to appreciate the simple things in life. By doing so, we can create a more harmonious and happier world for ourselves and future generations.

Mr. Haotinlun Singson

B.A.5th Semester

Department of Sociology

Issue of unemployment: A concern for Naga youth

The rise of unemployment among the youths in Nagaland is becoming a serious problem of the present day. There are many individuals seeking government jobs, but there are limited opportunities available in the state. Due to the high number of unemployment, the state's economy has seen a major setback.

A significant portion of the unemployed are educated youth. The educated youth of the state has a strong preference for governmental jobs which is viewed as the benchmark for stable and respectable employment options. Nagaland has a weak industrial sector and an underdeveloped agri-allied sector, making it difficult for the educated youth to find suitable alternatives outside the government sector.

Nagaland is increasingly perceived by outsiders as a land of opportunities. However, this has become a concern for the locally educated youths, as most of the business and construction sectors are being controlled and operated by outsiders rather than by the locals, leading to a major setback for the youths in the entrepreneurial sector.

Due to the lack of opportunities, many educated youths are being pushed towards joining armed rebel groups, which is an alarming trend. Although it may not be possible to eradicate unemployment completely,

it can be reduced by creating more job opportunities.

The Nagaland government has launched the Chief Minister Micro Finance Initiative (CMMFI), which is earmarked to support around 1600 entrepreneurs and also the Nagaland Skill and Entrepreneurship Development Mission (NSEDMD) aiming to empower 5000 youths across the state through skill development and employment opportunities. Such an initiative will not only encourage job seekers but will provide the youth with more opportunities.

Present-day academics should not only focus on learning through books, but rather, the institutions should allow students to venture out to learn the skills that will help individuals and will provide more enhancement for job opportunities among the youths of the state.

Effective government policies from stakeholders are urgently needed to foster employment among the youth. By equipping the youth with proper training and skills and by developing more industrial and private sectors, job opportunities can expand beyond the government sector. This, in turn, will contribute to the overall economic prosperity of the state.

**Chumthungo Patton,
B.A. 6th Semester
Department of Political
Science, Modern College,
Piphema.**

The pressure to 'have it all together': A myth every student lives with

As a student, I have often felt an invisible pressure to have my entire life planned out, to know exactly which career path I'm heading toward, to maintain a vibrant social life, to be emotionally strong, and to appear confident and composed. From conversations with family to casual remarks from peers and even social media posts, the message is clear: by a certain age, you should have it all together.

But here's the truth that many of us hesitate to admit — no one really has it all together. Life is messy, unpredictable, and full of twists and turns that no one can fully prepare us for. Yet, this pressure to appear perfect and certain remains a myth that traps many young people in anxiety and self-doubt. We are told to be productive every moment, to excel academically, to build strong networks, and to maintain a positive mental health balance all at the same time. But the reality is different. Life doesn't hand out a clear, easy roadmap. Growth is not linear. Sometimes we take one step forward and two steps back. Sometimes we get lost, and sometimes we find new paths we never imagined. And that's not only okay, it's normal.

Through my ongoing study in sociology, I have come to understand that our paths are shaped not only by our choices but also by the social and cultural forces around us. Expectations from family, tra-

ditions, economic situations, and peer influence all play a part in how we see ourselves and our futures. This awareness has helped me to be kinder to myself and others, knowing that everyone's journey is unique and often complicated. It's okay to pause and not know what comes next. It's okay to ask for help, to explore different interests, and to change directions. It's okay to be vulnerable and admit when we don't feel confident. In fact, these moments of uncertainty can be some of the most powerful. They push us to question what truly matters, to reflect deeply on who we want to become, and to grow in ways that certainty never could.

As students, we are not lost, we are explorers navigating a complex world. Each step, each mistake, each moment of doubt is part of the journey toward becoming the person we are meant to be.

So, to every fellow student who feels pressured to have a fixed plan, remember this: life is not a race or a test. It is a journey filled with learning, discovery, and endless possibilities. Allow yourself the grace to be human, and you might find that not having it all together is where the real growth begins.

**Niepuvinuo Rhitso,
BA 5th Semester
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HIGHLIGHTS OF THE MONTH

- 3rd June:** HoD Meeting
- 5th June:** Positive Link/ world Environment Day (i/c Eco Green Club)
- 10th June:** Management and Administration Meeting
- 11th June:** IQAC Meeting
- Last Working day:** Submission of Monthly Report: IPR, IQAC, HoDs & Hostel Wardens
- 14th June to 1st July:** Semester Break

TO LOOK AHEAD

JULY 2025

- 1st July:** Joining Report of the Staff & Hostellers/ Departmental Meetings/Staff Meeting
- 2nd July:** Starting of the classes for ODD Semester ((1st, 3rd & 5th)/Assembly (i/c Administration)/ Release of the College Magazine Apprise/Orientation to B.A.1st Semester
- 3rd July:** Orientation for all Clubs and Extension Services.
- 4th July:** HoD Monthly Meeting/ Students' Care
- 5th July:** Positive Link
- 8th July:** IQAC Meeting
- 10th July:** Registration / Renewal of Sports Clubs, Extra Co-Curricular Clubs and Extension Services.
- 11th July:** Assembly, (i/cHoDs)/World Population Day (i/c Eco Green Club)/Library Committee Meeting.
- 16th July:** MCSU Election/Nomination of Campus Ambassadors/ Fund Raise Committee)
- 18th July:** Students' Care
- 19th July:** Departmental Activity (i/c Department of History and Sociology)
- 22nd July:** Management and Administration Meeting
- 25th July:** Freshers' Day
- 28th July:** 1st Weekly Test/ World Nature Conservation Day (i/c Eco Green Club)/ Fund Raise Meeting for Autumn Fiesta/AF Build up.
- 31st July:** Submission of Monthly Report: IPR, IQAC, HoD, Hostel Wardens, etc.
- Date to be notified later:** Graduation Day/ NSS Volunteers Orientation.