

*Dear Readers,*

*"Of all the things we wear, our expression is the most noticeable...."*

With enjoyment and pleasure, I am excited to put forward the next dynamic piece of creativity, freedom, self-expression, enthusiasm of our month's work in our monthly magazine POSITIVE LINK, which is an amalgamation of the month - long work of talented souls along with the blend of unique taste from each one who have contributed for this magazine.

POSITIVE LINK is more than just a magazine where the potential, talents, achievements, and vision of our school gets reflected. This is that proud moment where our teachers and students take pride in their hard work and cherish the fruits of labor and sincerity of the month that has gone by. It indeed results in a POSITIVE LINK between us and we hope that this association continues for a lifetime.

It is often seen that one of the biggest blocks to creativity can be our mind's inability to allow a thought or insight to have the space to become a possibility. Some of the most inspired ideas are one that starts off as crazy concepts. By allowing them to be a possibility, they may blossom into something magical. Often our mind may immediately shoot down a seemingly crazy idea by judging or analyzing it too soon. The creativity formula can help each of us to refrain from judging our ideas or oneself which is blocking or stifling creativity. This is the purpose and our positive drive behind this magazine. Our school has always believed in being unique and doing things "its own way", then why not display the fruits of it...?

**Kikatamba Ozukum**  
**HOD Science**



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### Information:

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## **Modern Higher Secondary organized Orientation programme for class 12**

Modern Higher Secondary organized Orientation programme for class 12 on 25<sup>th</sup> April. Various information about the school rules and regulations were given to the students.

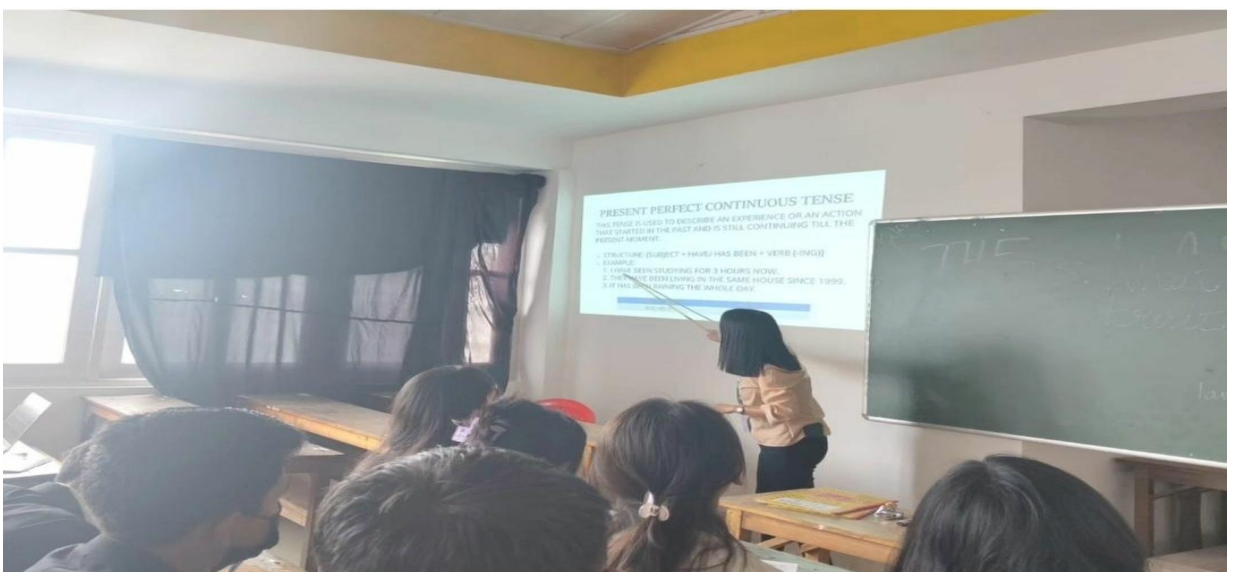


## Modern Higher Secondary conducted English Tutorial Class for class 12.

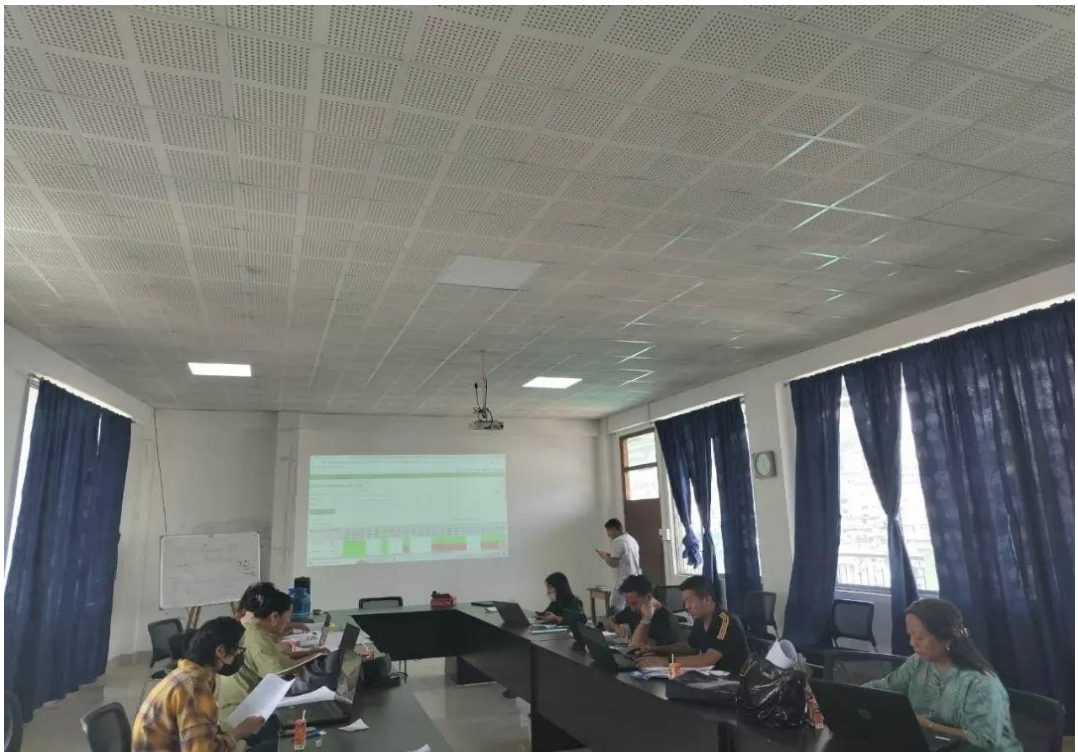
Modern Higher Secondary conducted English Tutorial classes from 25<sup>th</sup> April to 28<sup>th</sup> April for class 12 students (Arts, Commerce and Science) by English Teachers.

In the Tutorial class, the students were taught on the proper usage of grammar and how to enhance their writing skills, writing proper resume and letter writing.

The tutorial class was concluded on 29<sup>th</sup> April with a class test.



**Faculty Development Programme on Enterprise Resource Planning (ERP) was conducted for Higher Secondary Teachers from 18 to 21<sup>st</sup>, April 2023. A total of 13 teachers attended the programme.**



**Modern Higher Secondary School conducts Painting Competition.**

Modern Higher Secondary School conducted Painting Competition on 6<sup>th</sup> April, 2023.

Students were divided into two categories.

Category I – Nursery to class 4 on the theme “Paint your favorite cartoon character”

Category II - Class 5 to 10 on the theme “Effects of Pollution”.

The result of the competition were as follows:

**Nursery to KG**

1<sup>st</sup> Kevichota of KG

2<sup>nd</sup> Ayush of KG -

2<sup>nd</sup> Sumyia of Nursery

3<sup>rd</sup> Kavani of KG

3<sup>rd</sup> Ankita of KG

**Class 1 and 2**

1<sup>st</sup> Kralozuo class 2

2<sup>nd</sup> Maneo class 1

3<sup>rd</sup> Srishti class 2

**Class 3 – 4**

1<sup>st</sup> Shahpang class 4 (B)

2<sup>nd</sup> Kamsanglen class 3 (B)

3<sup>rd</sup> Francis class 4 (G)

**Class 5 - 7**

1<sup>st</sup> Sunjano class 5 (Y)

2<sup>nd</sup> Sumit class 7 (G)

3<sup>rd</sup> Sweety class 6 (Y)

3<sup>rd</sup> Mezhewe class 7 (Y)

**Class 8 – 10**

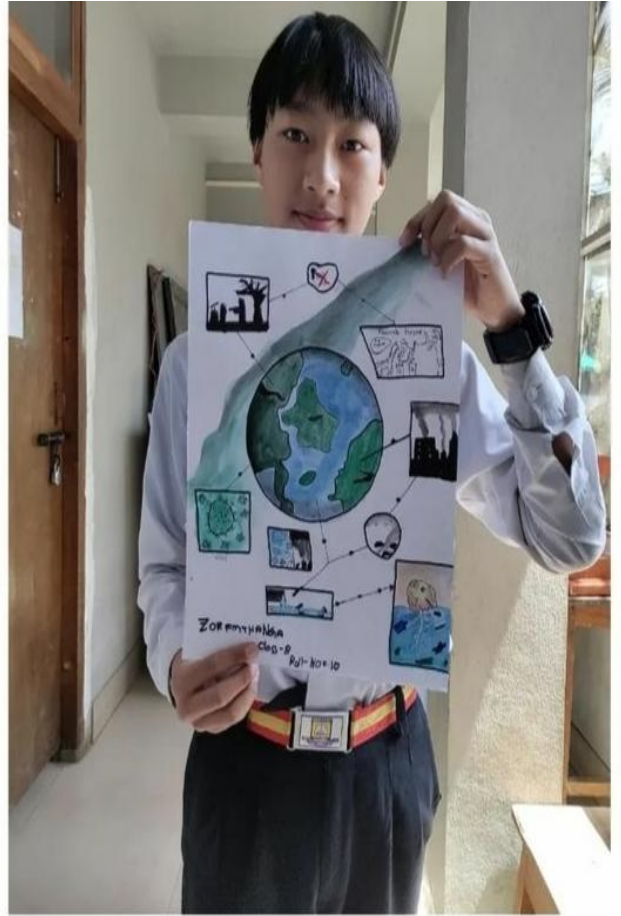
1<sup>st</sup> Eretsheu class 9 (Y)

2<sup>nd</sup> Tiatula class 9 (Y)

3<sup>rd</sup> Zoramthanga class 8 (G)

The outcome of the activities:

It provides a great platform for students to express themselves and explore their creative potential in the young minds of the children through painting.





## **Modern Higher Secondary School attended World Art Day organized by Task force for Music & Arts.**

Students and Teachers of Modern Higher Secondary School attended the World Art Day organized by Task force for Music & Arts on 15<sup>th</sup> April, 2023. The venue was at Coraggio School, Lerie Colony, Kohima.

Three schools participated on the event – Modern Higher Sec. School Coraggio School and Model Higher Sec. School.

The programme was chaired by Mr. Muzung Yimchunger. Welcome speech was delivered by Smt. Annie Konthoujam (Headmistress of Coraggio School, Kohima.) Exhortation was shared by the special guest Mr. Theja Meru Chairman TaFMA Govt. of Nagaland. Speech on World Art Day was given by Ms. Cynthia Kolakhe (Art & Drama Educator and Founder of Artists of Nagaland)

Painting competition was held for all the students present on the event. From sheer dedication and hard work, one of our student, Mr. Kumtsumong Lims then Class 11 got 2<sup>nd</sup> position in the competition. He was awarded a cash along with a certificate.







## Modern Higher Secondary School organised Free Medical

A free medical camp for students and staff was organised by Modern Higher Secondary School in collaboration with Urban Primary Health Centre Porterland, Dzuvürü Kohima, on 28<sup>th</sup> April, 2023 at the School campus. The Medical camp was led by Dr. Azhanuo Khezhe, community Medicine Officer and the staff. The medical team provided free health check-up and test like blood sugar, blood pressure, blood grouping and consultations. Around 180 students and staff availed the opportunity.





## **Modern Higher Secondary School conducted Spelling Bee Competition.**

Modern Higher Secondary School conducted 1<sup>st</sup> level Spelling Bee Competition on 28<sup>th</sup> April for Class 1 and 2 and on 29<sup>th</sup> April for class 3 to 10. All the students were asked 10 spellings each and 7 and 8 students were selected from class 1 to 10 with a total of 61 students were selected for 2<sup>nd</sup> level.





## **Modern Higher Secondary School conducts Annual Sports Week.**

The Annual Sports for high school students was held on 13<sup>th</sup> and 14<sup>th</sup> April, 2023 at New Reserve ground, Kohima.

The programme was chaired by Mr. Andrew. Exhortation was given by Mr. Indra Khabas, Headmaster wherein flag hoisting and oath taking was taken by him. A special number was favored by singing of school anthem.

Variety of games were played like football, volleyball, rally race, tunnel ball and long jump.

The sports for KG to class 4 was conducted in the school auditorium.

Blue house emerged as the overall champion.

The first runners up was begged by Yellow House and Red House and Green House begged 2<sup>nd</sup> Runners up and 3<sup>rd</sup> Runners up.

















## **PROCRASTINATION: A THIEF**

**By Thujongolu , 12 Science**

It is said that "Procrastination is the thief of time". WHY? One very common example seen in a student's life, which I am sure everyone can relate to is, a student postpones studying by browsing social media or playing games, promising themselves for a few minutes rest which in turn goes up to hours, and ends up doing badly on their exams because they didn't have enough time left to study. And that's the repeated excuse we commit everyday.

Everyone procrastinates. We are so used to keeping things for the next day that we don't realize we are losing so much time. Infact, it has become part of our daily habits. By the time we realize making a mistake of procrastinating, it is often too late to go back in time. If only we did everything in time instead of rushing at the end, we would have saved ourselves from so much unnecessary stresses and energy. But no, we wait until the end, even after knowing the consequences we are going to face and stress over it. The funny thing is we are actually good at remorse. Instead of accepting that it is our fault, we get angry, upset, sulk and whine as we regret the outcome.

Procrastination is that little devil sitting over your shoulder whispering "Wait till later", which you should be avoiding. The more we delay tasks, the more they pile up and weigh us down, and the more we lose out on many things. As time passes, we only get more demotivated and lazy. We are a generation of dreamers. We dream but we refuse to get up from bed and get things done. We talk but don't ever practice what we preach. Once you procrastinate there is no escaping it.

Why do we procrastinate? When we look at ourselves as a perfectionist, we tend to always put off things that are unknown, unfamiliar or something new because we fear that we might not be able to do it correctly. We fear of making mistakes and fear the rejections or the feedbacks. We tend to overestimate how much one can achieve in a certain timeframe.

Procrastination can be easily solved by taking up responsibilities and being motivated. If you find the task to be too big or exhausting, break the task down into bits, put a timer and take up one task after the other. This will give you a feeling of constant achievement and progress. Remember "Time is free, but it is priceless, you can't own it but you can use it, you can't keep it but you can spend it, but once you lose it you can never get it back".

P.S. When you get distracted from your studies, and all you think about is snuggling up in your warm bed, shift your study books and materials to the other room, preferably next to your parents room. It helps.

## **FORGIVING AND FORGETTING"**

A repeatedly used phrase "Forgive and forget" which might sound trite, but has reason for being utterly used so often. There is true wisdom in forgiving and forgetting. It is not for the one who has done the wrong but it is for the one who is being done wrong.

Some might assume that weak people are the ones who forgive easily but in fact only the ones with strong mind and a kind heart have the strength to forgive somebody. Gandhi once said "The weak can never forgive". It should be made known that forgiving and forgetting doesn't mean to settle for the same pain again but to accept it as a way of lesson for life and avoid such energy to surround you. Not forgiving someone is the equivalent of staying trapped in a jail cell of bitterness, serving time for someone else's crime. You make the choice to either dwell on the pain caused by others, or you can forgive and move on.

Forgiveness will also help a person to heal. When we constantly hold on to the hurtful past experiences, grudges or resentments, it is us who suffers. It not only affects the mind but the body suffers too. When you possess the power to forgive somebody, you will experience a different kind of internal peace and self-appreciation. You will feel happy and feel proud of yourself.

"Always forgive your enemies. Nothing annoys them so much" quoted Oscar Wilde. Remember your enemies wants you to be trapped into the bitterness and evilness yet if you say

"No, I am not going to let you overtake my Joy" and forgive them, nothing will prick them more than that. A win is a win!!!!

Life is a continuous cycle until death comes to take over. Living life with a heart full of grudges and mind full of resentments will only make life harder than it already is.

If the almighty God can forgive our utmost sins why can't we forgive mere human's wrong doings?

**Thejazenuo**

**12 Commerce**

**Highlights of the month**

3 <sup>rd</sup> April	2 <sup>nd</sup> Weekly Test for High School
4 <sup>th</sup> April	Staff Meeting
6 <sup>th</sup> April	Arts & Craft/Painting Competition
11 <sup>th</sup> April	Monthly news letter
14 <sup>th</sup> April	Declaration of XI Promotion Examination Result
15 <sup>th</sup> – 21 <sup>st</sup> April	Admission to class XII (Bank)
18 <sup>th</sup> – 21 <sup>st</sup> April	FDP on ERP/ Staff Meeting
20 <sup>th</sup> April	Administration Meeting
21 <sup>st</sup> April	Management and Administration Meeting
25 <sup>th</sup> April	Orientation for class XII
25 <sup>th</sup> – 28 <sup>th</sup> April	English tutorial class for class XII
29 <sup>th</sup> April	Submission of IPR by teachers to HoD's

**TO LOOK AHEAD**

**MAY**

1 <sup>st</sup> May	Weekly Test for High School
4 <sup>th</sup> - 12 <sup>th</sup> May	1 <sup>st</sup> Term Exam for High School
5 <sup>th</sup> May	Assembly (I/C Class- XII Arts A)/ 1st Round Debate Competition on G20
10 <sup>th</sup> May	Monthly news letter
13 <sup>th</sup> May	Field Trip on Entrepreneurship (Department of Commerce)
15 <sup>th</sup> May	1st Weekly Test for class- XII(English)
19 <sup>th</sup> May	Assembly (I/C Class XII Arts B)
19 <sup>th</sup> May	2nd round Debate Competition on G20
20 <sup>th</sup> May	Career Guidance (I/C Department of Science)
22 <sup>nd</sup> May	1st Weekly Test for class XII (His/ Ent/ Phy)
25 <sup>th</sup> May	Administration Meeting
26 <sup>th</sup> May	Management and Administration Meeting
31 <sup>st</sup> May	Submission of IPR by teachers to HoD's/ Staff meeting

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